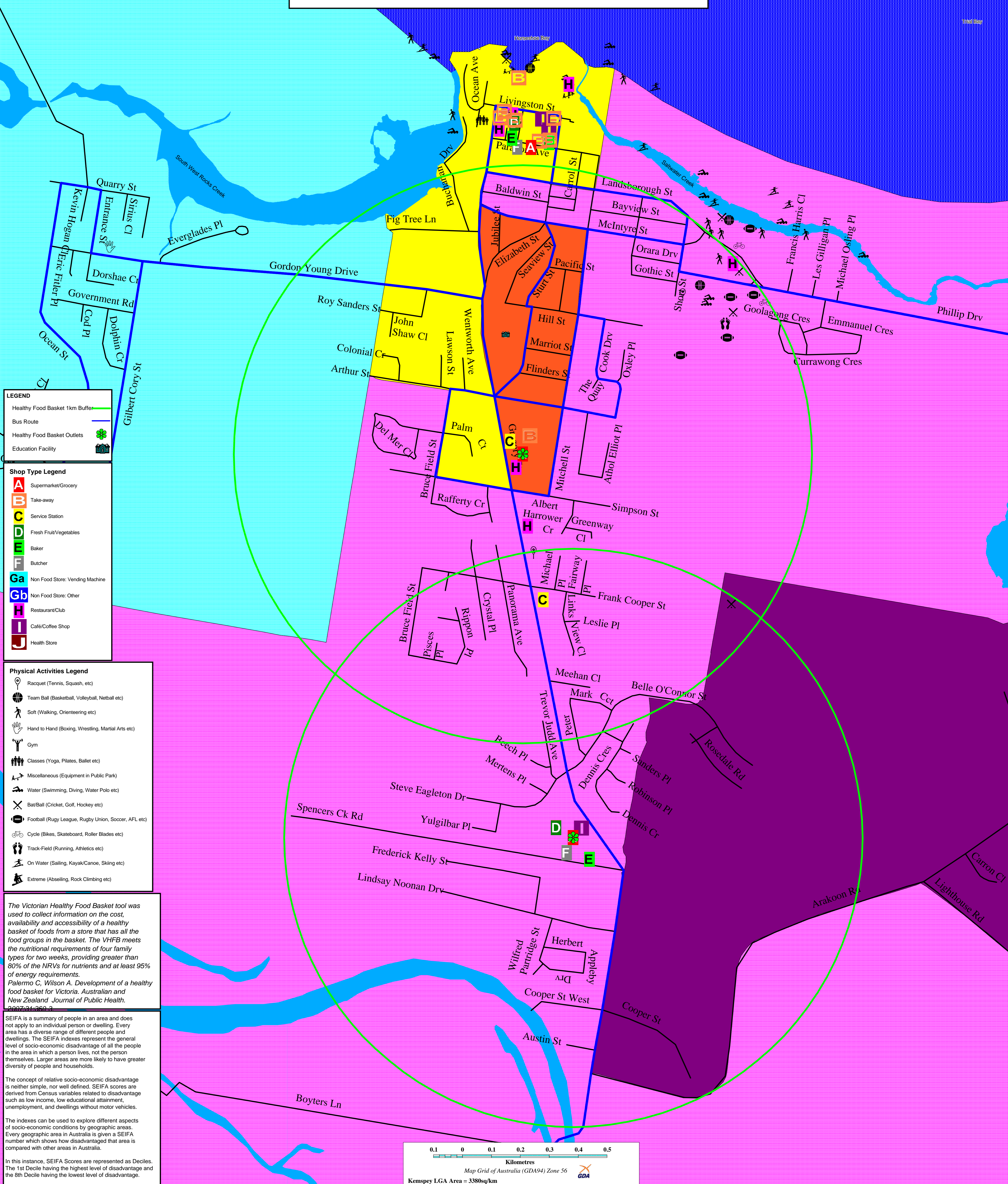


South West Rocks - Food Outlets, Physical Activity Sites and LGA SEIFA Deciles by Census Collection District



LEGEND

- Healthy Food Basket 1km Buffer
- Bus Route
- Healthy Food Basket Outlets
- Education Facility

Shop Type Legend

- A** Supermarket/Grocery
- B** Take-away
- C** Service Station
- D** Fresh Fruit/Vegetables
- E** Baker
- F** Butcher
- Ga** Non Food Store: Vending Machine
- Gb** Non Food Store: Other
- H** Restaurant/Club
- I** Cafe/Coffee Shop
- J** Health Store

Physical Activities Legend

- Racquet (Tennis, Squash, etc)
- Team Ball (Basketball, Volleyball, Netball etc)
- Soft (Walking, Orienteering etc)
- Hand to Hand (Boxing, Wrestling, Martial Arts etc)
- Gym
- Classes (Yoga, Pilates, Ballet etc)
- Miscellaneous (Equipment in Public Park)
- Water (Swimming, Diving, Water Polo etc)
- Bat/Ball (Cricket, Golf, Hockey etc)
- Football (Rugby League, Rugby Union, Soccer, AFL etc)
- Cycle (Bikes, Skateboard, Roller Blades etc)
- Track-Field (Running, Athletics etc)
- On Water (Sailing, Kayak/Canoe, Skiing etc)
- Extreme (Abseiling, Rock Climbing etc)

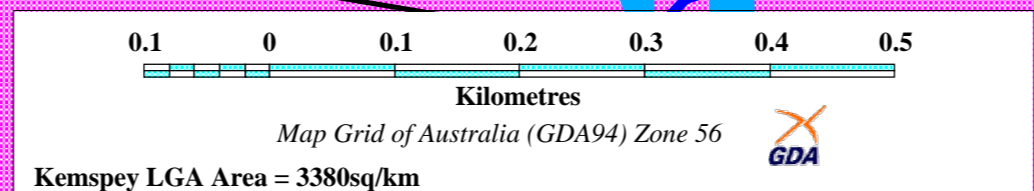
The Victorian Healthy Food Basket tool was used to collect information on the cost, availability and accessibility of a healthy basket of foods from a store that has all the food groups in the basket. The VHFB meets the nutritional requirements of four family types for two weeks, providing greater than 80% of the NRVs for nutrients and at least 95% of energy requirements.
Palermo C, Wilson A. Development of a healthy food basket for Victoria. Australian and New Zealand Journal of Public Health. 2007;31:360-2

SEIFA is a summary of people in an area and does not apply to an individual person or dwelling. Every area has a diverse range of different people and dwellings. The SEIFA indexes represent the general level of socio-economic disadvantage of all the people in the area in which a person lives, not the person themselves. Larger areas are more likely to have greater diversity of people and households.

The concept of relative socio-economic disadvantage is neither simple, nor well defined. SEIFA scores are derived from Census variables related to disadvantage such as low income, low educational attainment, unemployment, and dwellings without motor vehicles.

The indexes can be used to explore different aspects of socio-economic conditions by geographic areas. Every geographic area in Australia is given a SEIFA number which shows how disadvantaged that area is compared with other areas in Australia.

In this instance, SEIFA Scores are represented as Deciles. The 1st Decile having the highest level of disadvantage and the 8th Decile having the lowest level of disadvantage.



SEIFA - LGA Disadvantaged Scores by Census Collection District

- No SEIFA Score
- 1st Decile (Most disadvantaged)
- 2nd Decile
- 3rd Decile
- 4th Decile
- 5th Decile
- 6th Decile
- 7th Decile
- 8th Decile (Least disadvantaged)

Source: Australian Bureau of Statistics 2006 Census

Australian Red Cross
THE POWER OF HUMANITY

KEMPSEY SHIRE COUNCIL

Many Rivers Diabetes Prevention Project
a partnership between
Durri ACMS and University of Newcastle

THE UNIVERSITY OF
NEWCASTLE
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RED CROSS
Healthy Food Basket data, transport data, take away, alcohol and emergency food supply locations.

KEMPSEY SHIRE COUNCIL
Finalised mapping data and map production.

MANY RIVERS DIABETES PROJECT
Gathered data on location of all food outlet and physical activity sites, categorised and geocoded.

DISCLAIMER
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