

FUN & RECREATION

Crescent Head Aquatic Centre 6566 0466
Kempsey Pool 6562 4742
Mynite Party Registration www.mynite.com.au
PCYC 6562 8399
Squash and Recreation Centre 6562 1225
Ten Pin Bowling 6562 8689
Youth Week www.kempsey.nsw.gov.au/ythserv.html



SEX & SEXUALITY

ACON (Mid North Coast) 1800 063 060
www.acon.org.au
Clinic 33 Sexual Health 6562 6066
Gay, Lesbian & Transgender Counselling 1800 184 527
NSW Rape Crisis Centre 1800 424 017
YP Space 6563 1230 / 0458 031 230
Legal Aid Youth Hotline 1800 101 810



YOUTH WORKERS

Kempsey Family Support Services 6563 1588
0428 631 588
EACH Reconnect @ PCYC 6562 3211 / 0458 360 508
PCYC 6562 8399
YP Space 6563 1230 / 0458 031 230



ACCOMMODATION

Community Housing Mid North Coast 6562 8366
Department of Housing 1300 468 746
Kempsey Family and Community Centres
South 6562 1911
West 6562 1409
Kempsey Women's (Refuge) 6562 8411
Macleay Housing Support Service 6562 8300
YP Space 6563 1230 / 0458 031 230



HEALTH

Aboriginal Mental Health Worker 6580 1063
AIDS/HIV Helpline 1800 451 600
Community Health Centre 6562 6066
Kempsey Hospital 6562 6155
Kempsey Mental Health Service 1300 369 968
Durri Aboriginal Medical Service
Women's Health 6560 2362 / 6560 2355
Men's Health 6560 2363 / 6560 2356
Macleay Drug and Alcohol Service 1300 692 263
Mental Health Association 1800 674 200
Mental Health Access Line 1300 369 968
Poisons Information Centre 13 11 2
Women's Health Clinic 6562 6066



MACLEAY VALLEY YOUTH ADVISORY COUNCIL

Youth Development Officer - 6566 3285

www.kempsey.nsw.gov/ythserv.html • youth.advisory.council@kempsey.nsw.gov.au

Sunne Printing 02 6552 1388

Youth Info Card



Sponsored by the Macleay Youth Network

EMPLOYMENT/EDUCATION/TRAINING

Aboriginal Employment Services (AES)	6566 3900
Aboriginal Connections Employment (ACES)	6562 8291
Advanced Personnel Management (APM)	6562 8600
Booroongen Djugun Aboriginal Corporation	6560 2000
Centacare Youth Transition Program	6563 1806
Centrelink	13 24 90
Djigay Centre	6560 2900
Employment and Training Company (ETC)	6560 1600
Kempsey Shire Council Library	6566 3210
Mid Coast Connect	6562 5314
TAFE	6562 7255
	www.nci.tafensw.edu.au
TAFE Careers Connect	6560 2920
Mission Australia Youth Connections	6589 5002



LEGAL ASSISTANCE

Anti Discrimination Board	1800 670 812
Kempsey Domestic Violence Assistance	6563 1479
Juvenile Justice	6563 1388
Law Access	1300 888 529
Many Rivers Aboriginal Legal Service	6562 5990
Neighbourhood Centre Legal Advice	6562 8300
Office of Fair Trading	13 32 20
Police Youth liaison Officer	0488 261 337
U18s Legal Aid	1800 101 810
Victims of Crime Support	1800 633 063
Young Workers	www.youngworkers.com.au



FOOD & OTHER ASSISTANCE

Australian Red Cross Service	6562 2460
Neighbourhood Centre Financial Counselling	6562 8300
Lifeline Shop	6563 1043
St Vincent De Paul	6562 5933
The Salvation Army	6562 5178



SOMEONE TO TALK TO

Beyond Blue	1300 224 636
Grief Support	02 9489 6644
Kempsey Family and Community Centres	
South	6562 1911
West	6562 1409
Kempsey Neighbourhood Centre	6562 8300
Kids Helpline www.kidshelpline.com.au	- 1800 551 800
Lifeline www.lifeline.org.au	- 131 114
Mission Australia Help Line	1800 886 999
Neighbourhood Centre Mental Health Support Group	
NSW Rape Crisis Centre	1800 424 017
Pregnancy Help	1800 422 213
YP Space	6563 1230 / 0458 031 230
Young Parent Worker	6562 6066 / 0407 954 431
Family and Group Work - Young Parents	6563 1588
Kempsey Women's Refuge	6562 8411



TRANSPORT SERVICES

Country Link Phone	132 232
Busways	1300 555 611
	info@busways.com.au
Cavanaghs	02 6562 7800
	cavbus@cavanaghs.com.au
Taxi	KMC - 6562 7555
	SWR - 6566 6677 / 0428 627 802



ALCOHOL & OTHER DRUGS

Alcoholics Anonymous	6562 8300
Alcohol and Drug Information Service	1800 422 599
Alcohol Information Line	1800 010 125
Benelong Haven	6567 4856
Kempsey Community Health Centre	6562 6066
Quit Line	13 18 48

