

Standards

New Horizons conforms to the Disability and the Mental Health Standards. This sets out regulations that govern the rights and responsibilities of service recipients and New Horizons.

These standards are embodied in organisational policy and supported in practice.

Service user committees exist. The committees provide a forum for service users to have their say in matters relating to the Disability Service Standards and Mental Health Standards and general management of the support service they receive.

Service users are encouraged and supported to participate in their own management at the management of New Horizons.

Privacy

New Horizons complies with the Commonwealth Privacy Act 1988 and then Health Records and Information Privacy Act, 2002.

New Horizons will only collect information about you that is directly related to your service provision.

HEAD OFFICE
15 Twin Road
North Ryde NSW 2113
T (02) 9490 0000
F (02) 9887 2823
E admin@newhorizons.net.au

NEWCASTLE
Unit 6/115 Griffiths Road
Lambton NSW 2299
T (02) 4956 3299
F (02) 4956 3533
E hunteradmin@newhorizons.net.au

CENTRAL COAST
64 William Street
Gosford NSW 2250
T (02) 4322 8799
F (02) 4322 7944
E ccadmin@newhorizons.net.au

LISMORE
1/117 Dawson Street
Lismore NSW 2480
T (02) 6626 0007
F (02) 6622 1977
E glebon@newhorizons.net.au

COFFS HARBOUR
Suite 9B/30 Orlando Street
Coffs Harbour NSW 2450
T (02) 6650 0458
F (02) 6650 0495
E rcollett@newhorizons.net.au

PORT MACQUARIE
Unit 7/185 Lake Road
Port Macquarie NSW 2444
T (02) 6581 5267
F (02) 6581 4111
E mfog@newhorizons.net.au

www.newhorizons.net.au
ABN 42 002 066 604
JUNE 2008

SOUTH WEST SYDNEY
Lot 4 Lady Woodward Drive
Miller NSW 2168
T (02) 8784 3700
F (02) 9825 9575
E lfranco@newhorizons.net.au

GRAFTON
49 Queen Street
Grafton NSW 2460
T (02) 6642 9727
F (02) 6642 9717
E hasigrafon@newhorizons.net.au

GOROKAN
86c Wallarah Road
Gorokan NSW 2263
T (02) 4392 1600
F (02) 4392 1300

TWEED HEADS
15-17 Rivendell Drive
South Tweed Heads NSW 2468
T: (07) 5524 8711
F: (07) 5524 3255
E lcook@newhorizons.net.au

AGED CARE FACILITY
53-63 Badajoz Road
North Ryde NSW 2113
T (02) 9888 1088
F (02) 9888 1288
E nhacf@newhorizons.net.au

RECOVERY AND RESOURCES SERVICES PROGRAM (RRSP)



NEW HORIZONS
enterprises limited

Funded by:
**The Commonwealth and NSW
Government**
Aged Care
Supported Employment
Supported Accommodation
Community Services

General

The Recovery and Resources Program (RRSP) is designed to provide support and access to quality community services for people with a diagnosed mental illness.

The supports offered are targeted to meet recreational, leisure, educational and or employment support needs. RRSP support workers will work alongside participants to link them into specific community services.

This initiative is inclusive and promotes access to mainstream community based services that will meet the individual goals of the participant.

RRSP is based on the principles of psychosocial rehabilitation. This recovery focus provides participants with access to resources that will assist them in their recovery journey.

RRSP assists people with a mental illness to participate in community life, reach their full potential and improve their quality of life.

New Horizons delivers RRSP services in Lismore, Casino, Ballina, Port Macquarie and Kempsey.

For services in Lismore, Casino or Ballina, contact our Lismore office on (02) 6626 0007.

For services in Port Macquarie or Kempsey, contact our Port Macquarie office on (02) 6581 5267.

How does it work?

RRSP aims to reduce social isolation through access to regular social, leisure, educational or employment activities.

The person will have clinical support from the following;

- Area Mental Health
- Psychiatrist
- Psychologist
- General Practitioner

New Horizons skilled staff provide the support to assist in both the identification of opportunities for community engagement as well as working alongside participants to access the identified activities.

Eligibility Criteria

- Able to give informed consent
- 16 to 65 years of age
- Have a diagnosed mental illness
- Have low support needs
- Has recreational, leisure, educational and or employment needs
- Require assistance to access community supports
- Have current links to clinical support through either their local Area Mental Health Service, a private GP, psychologist or psychiatrist

What we offer

RRSP support staff are multidisciplinary and have training and experience in assisting people with mental health issues on their journey to recovery.

New Horizons is involved in several areas of service provision, including:

- Support clients to develop, implement and monitor personal support plans
- Coordinate a range of vocational, recreational and community support services
- Liaison with other service providers
- Provide support and psychosocial education to service users and their families

The staff will also assist to develop resources for recovery and provide quality individualized support based on hope and acceptance.

Recovery

RRSP service users can expect that what they receive will support them in their own pathway to recovery.

New Horizons staff believe;

- Each person's recovery process is unique
- Connection with the community is an integral part of the recovery process
- People living with a mental illness are able to lead meaningful, productive and happy lives
- Recovery is possible